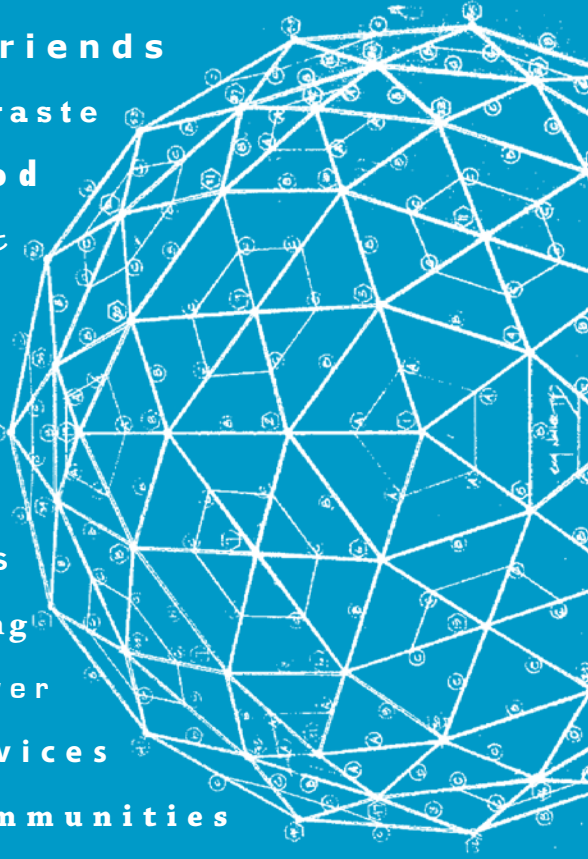


A PRINTED MATTER PUBLICATION BY FRITZ HAEG

01. GATHERING friends
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**THE NEW AMERICAN DREAM:
SOMETHING FOR
EVERYONE
THE BEHAVIORAL GUIDE TO A
LUXURIOUS HOME**

01. GATHERING friends



Host a salon series in your living room, invite friends & neighbors over for discussions, events, performances & activities around topics of mutual interest.

02. COMPOSTING waste



Install compost bins at your front door to proudly show visitors the mixture of kitchen scraps & yard clippings you are transforming into the richest material on your land.

03. GARDENING food



Plant a diverse organic pleasure garden of your favorite fruits, grains, herbs & vegetables in front of your house or apartment for you and all of your neighbors to enjoy.

04. COOKING harvest



Take ripe fresh produce that you have grown or found at your farmer's market & prepare something with just 1 main ingredient & minimal additions - like *baked sweet potato chips!*

05. HOSTING animals



Build & install a variety of animal homes in your yard to welcome the predatory birds, pollinating bees, harmless reptiles, and other favorite wildlife native to your location to return.

06. SEWING clothes



Make & remake your clothing using simple sewing skills to alter all of the old clothing you don't wear anymore & develop patterns for new pieces you had only dreamed of, but could never buy.

07. DANCING & moving



Create a routine for daily dance, movement, exercise & martial arts, inviting friends & neighbors to join you in a selected indoor or outdoor space at your home, to collectively explore other ways of moving.

08. LEARNING & teaching



Turn your TV room into an informal school, organizing a regular series of classes, workshops, talks or lessons on topics you are curious about, to be taught and taken by family, friends & neighbors.

09. BUILDING furnishings



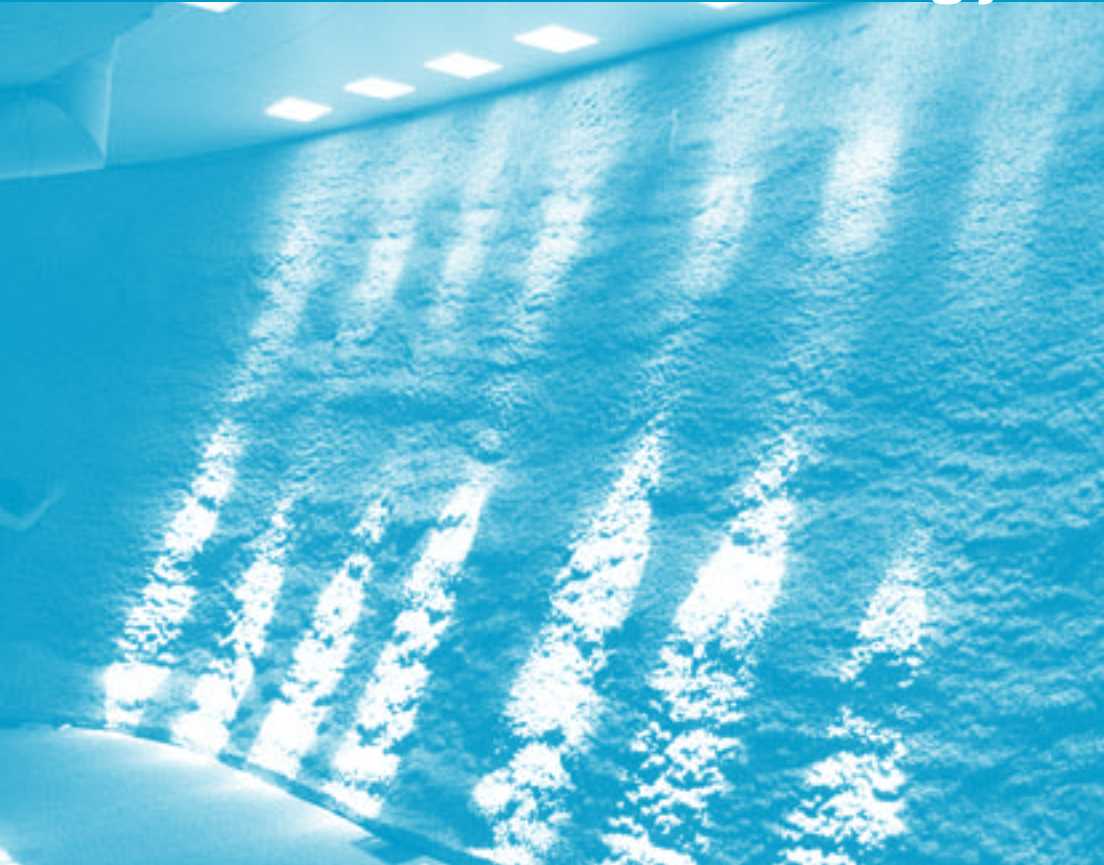
Replace your restrictive, conventional furniture with flexible social landscapes of your own creation that invite you to reconsider how you want to live, occupy space & engage with others.

10. BIKING & walking



Get rid of your car & commute by bicycle while rediscovering your street, neighborhood & city; also try walking the length of your city to see what that feels like, does it change how you feel about home?

11. COLLECTING energy



Power, warm & cool your home by tapping into the resources around you - starting with simple passive solar strategies of welcoming daytime sunlight and storing the heat for cool evenings.

12. BARTERING services



Instead of using old-fashioned money or currency, exchange services & goods with those around you, diminishing waste and the need for doing those jobs you only do for money.

13. COHOUSING communities



Divide your home & share it with other family units & maybe you will find out that you have more space than you need while dividing the work, sharing the goods & reconnecting to others.

CREDITS, CAPTIONS & RESOURCES

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11. Sundown Residence cave lit by overhead south-facing skylights
12. Sundown Schoolhouse 2006 Fall Session students Pablo Cavero & Katie Bachler helping out teachers Mark Allen & Jason Brown of Machine Project
13. Cooperative lunch at the Sundown Schoolhouse 2006 Fall Session

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